

COED WEIGHT TRAINING AND FITNESS MINI-CAMP

Individualized program designed to improve strength, flexibility, endurance, and speed

Participants: Ages 14-19
Site: Red Hook High School
 Wellness & Fitness Center
 Monday, Tuesday, Wednesday, Thursday, Friday
 30 June to 11 July
 8:00 – 10:00 a.m.
Cost: No Charge
Signups: Red Hook Town Hall
 7 June and 14 June, 9:00 – 1:00 p.m.
 During Sessions All Summer!
Directors: Quintin Johnson, 845-758-2241 Ext. 2149
 Andrew Sheldon

SENIOR WALK PROGRAM

In cooperation with the Recreation Commission, the Red Hook Senior Services Committee announces a walking program for seniors.

Participants: Senior Citizens
Site: Red Hook Recreation Park
Dates: Started 7 May 2014
Time: Wednesdays
 10:00 a.m.
Cost: No Charge
Program: Senior citizens and their guests are invited for a one-hour walk around the Recreation Park!
 Dogs must be on a leash!!
 Occasional refreshments will be served!
 Meet at the Pavilion at the north end of the Recreation Park – Enter at Fruitbud Drive. In the event of rain, the program will be canceled for that day and continue the following Wednesday.
Director: Irene Rock, 845-758-6240

OTHER PROGRAMS & OPPORTUNITIES OFFERED IN RED HOOK

KNIGHTS OF COLUMBUS FLAG FOOTBALL

A program of practicing and playing flag football games. Learn the fundamentals and basic tactics of football. Practices are held weekday evenings; Games are on Saturdays.

Participants: Ages 5-15
Site: Red Hook Recreation Park
Dates: Season begins 6 September 2014
Time: Saturdays
 Games begin at 1:30 p.m. & 3:00 p.m.
Cost: \$75.00 per player
 \$10.00 late registration fee
Registration: Registration is online:
 kofcflagfootball.org
 Open registration 14 June - 16 August
Directors: John Reilly, 914-466-3437
 Jay Kenny, 327-247-2136
Email: kofcflagfootball.org or
 kofc5632@gmail.com

These programs are supported in part by funding from the New York State Office of Children and Family Services through the Dutchess County Department of Community and Family Services

These are not Red Hook Central School District sponsored programs. Brochure Distribution Only

TIVOLI FREE LIBRARY

Programs and services offered to the community and its youth every week of the year!

The Library is in the historic Watts-DePeyster Firehouse at 86 Broadway in the heart of Tivoli. Village offices and court are upstairs in the same building. Tivoli Bay Visitors Center is located across the hall

845-757-3771 ~ On the Web at: <http://tivoliblibrary.org/>

Librarian: Bonny Corrado
Library Hours: Monday: 10:00 a.m. - 7:00 p.m.
 Tuesday: 10:00 a.m. - 7:00 p.m.
 Wednesday: 10:00 a.m. - 7:00 p.m.
 Thursday: 10:00 a.m. - 7:00 p.m.
 Friday: 10:00 a.m. - 7:00 p.m.
 Saturday: 10:00 a.m. - 2:00 p.m.

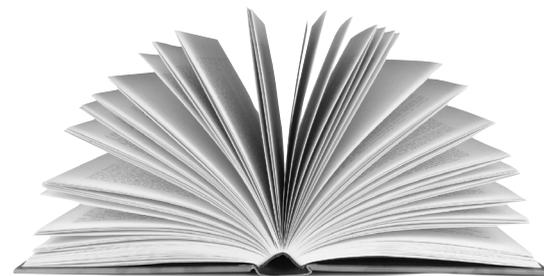
Summer Theme “Fizz, Boom, Read”
 Call for more information! 845-757-3771

RED HOOK PUBLIC LIBRARY

The Red Hook Public Library is located in the historic octagonal building at 7444 South Broadway in the Village of Red Hook. Phone: 845-758-3241
 On the Web at: <http://www.redhooklibrary.org>

Director: Erica Freudenberger
Library Hours: Monday: 10:00 - 7:00 p.m.
 Tuesday: 10:00 - 7:00 p.m.
 Wednesday: 10:00 - 7:00 p.m.
 Thursday: 10:00 - 7:00 p.m.
 Friday: 10:00 - 7:00 p.m.
 Saturday: 10:00 - 4:00 p.m.
 Sundays & Major Holidays: Closed

Schedules of all summer events can be picked up at the library after June 1. Computer Internet access is available! Call for details!



RED HOOK RECREATION PARK POOL

Information for subscription plans & swimming lessons

Basic Family Pass: \$400
Single Member Pass: \$265
Student/Youth Pass: \$125
(Member must be at least 14 years old and under 21)
Senior (55 by 15 May 2013): \$90
Babysitter Pass: \$65
Early Morning Lap Swim: \$75
Swim Team Coach: Kevin Storrs 758-8424
Swim Lessons: Pool Members \$70
 Non Pool Members \$110
 All Additional Child Lessons \$60 and \$100
 One-Week Session \$35 and \$55
 Baby/Toddler (entire season): Pool Member: \$70
 Pool Non-Member: \$110

Lesson Dates:
 Session I: 30 June to 11 July
 Session II: 14 July to 25 July
 Session III: 28 July to 8 August
 Session IV: 11 August to 15 August

Lesson Times:
 Ages 10-15: 9:30-10:10 a.m.
 Ages 6-9: 10:20-11:00 a.m.
 Ages 3-5: 11:10-11:50 a.m.
 Ages 9mo-2: 12:00-12:30 p.m.*

*Baby/Toddler Lessons: Monday, Wednesday, Friday
 30 June to 8 August

Swim Lesson Registration online or by Mail Only!!
 Registration forms are available at www.redhookpool.org

Pool Phone #: 758-8424



2014 RECREATIONAL OPPORTUNITIES AVAILABLE AT BARD COLLEGE

Please call Jamie Hooper at 845-758-7531 or email: hooper@bard.edu

Visit www.bardathletics.com for more information.



TOWN OF RED HOOK RECREATION COMMISSION

2014 Summer Programs

The Town of Red Hook offers recreation programs to the youth who live within the Red Hook Central School District.

SIGNUPS FOR ALL PROGRAMS WILL BE HELD AT THE RED HOOK TOWN HALL ON SATURDAY JUNE 7 AND JUNE 14 9:00 – 1:00 P.M.

Programs with fewer than twenty participants will not be offered!

NO ONE MAY PARTICIPATE IN ANY PROGRAM WITHOUT A COMPLETED PERMISSION SLIP!

TOWN OF RED HOOK RECREATION COMMISSION

Chairman: Doug Strawinski
 Hollis Cochran • Melissa Germano • Tom Gilbert
 Shannon Miller • Charlie Nugent
 Yvonne Turchetti • Haley Miller
 Nick Carlson

Red Hook Town Board Liaison: Harry Colgan
 Tivoli Village Liaison: Robin Bruno

Recreation Director: John Kuhn
 Park Maintenance: Don Whipple
 Howard Callies • Tom Peters • Jeff Tremper
 Red Hook Town Hall: 758-4600
 Red Hook Village Hall: 758-1081
 Tivoli Village Hall: 757-2021
 Recreation Park Pool: 758-8424
 Recreation Director: 758-4625 ~758-5786~399-3585

Web Site: www.redhook.org



RED HOOK SUMMER RECREATION PLAYGROUND

Arts, crafts, games, sports, educational activities

Participants:	Girls and Boys Ages 6–12 All must have completed any level of kindergarten.
Site:	Red Hook Recreation Park Pavilion
Time:	Monday through Friday 30 June to 1 August, 9:00 to 12:00 a.m.
Cost:	No Charge
Signups:	Red Hook Town Hall 7 June and 14 June, 9:00 - 1:00 p.m. During Sessions All Summer!
Director:	Courtney Carroll, 845-863-3804

COED TENNIS INSTRUCTION

A program designed to teach fundamentals to beginners

Participants:	Ages 6-12+
Site:	Red Hook Recreation Park Tennis Courts
Time:	Monday, Wednesday, Friday 30 June to 1 August
Beginners (Age 8+):	9:00-10:00
Adv Beginners (Age 10+):	10:15-11:15
Novices (Ages 6-7):	11:30-12:00
Cost:	No Charge
Signups:	Red Hook Town Hall 7 June and 14 June, 9:00 - 1:00 p.m. During Sessions All Summer!
Director:	TBA

COED CITY GAMES

Activities designed for hot weather & enclosed areas - Scully, Whiffle Ball, Frisbee Golf, Stick Ball

Participants:	Ages 6-14
Site:	Red Hook Recreation Park
Time:	Monday, Wednesday, Friday 30 June to 1 August 1:30 - 3:30 p.m.
Cost:	No Charge
Signups:	Red Hook Town Hall 7 June and 14 June, 9:00 - 1:00 p.m. During Sessions All Summer!
Director:	Jerold Reichman, 758-0052

COED SPORTS CAMP

Focuses on kickball, basketball, etc. and an every day swim at the Rec Park Pool

Participants:	Girls and Boys Ages 9-14
Site:	Red Hook Recreation Park
Time:	1 July to 7 August, No sessions on 22 July and 25 July Tuesday and Thursday 1:00 - 3:00 p.m. = Sports 3:00 - 4:00 p.m. = Swim
Cost:	No Charge
Signups:	Red Hook Town Hall 7 June and 14 June, 9:00 - 1:00 p.m. During Sessions All Summer!
Director:	Andrew Makebish, 758-6364

BOYS' BASKETBALL - I

Play Basketball!! Supervised games for fun and skill improvement

Participants:	Ages 8-12
Site:	Red Hook High School
Time:	Tuesday and Thursday 1 July to 31 July, 4:00 - 6:00 p.m.
Cost:	No Charge
Signups:	Red Hook Town Hall 7 June and 14 June, 9:00 - 1:00 p.m. During Sessions All Summer!
Director:	Ryan Butch, 845-464-6036

SITE CHANGES MAY BE NECESSARY BECAUSE OF RHCS D CONSTRUCTION PROJECTS. SIGNS WILL BE POSTED.

BOYS' BASKETBALL - II

Play Basketball!! Supervised games for fun and skill improvement

Participants:	Ages 12-18
Site:	Red Hook High School Gym
Time:	Tuesday and Thursday 1 July to 31 July 6:00 - 8:00 p.m.
Cost:	No Charge
Signups:	Red Hook Town Hall 7 June and 14 June, 9:00 - 1:00 p.m. During Sessions All Summer!
Directors:	Ryan Butch, 845-464-6036

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GIRLS' BASKETBALL - I

Basketball instruction for girls who seriously wish to improve their skills. Includes game competition!

Participants:	Grades 3-6
Site:	Red Hook High School Gym
Time:	Tuesday and Thursday July 1, 3, 8, 10, 15, 17, 22, 24 10:30 - 12:00 a.m.
Cost:	No Charge
Signups:	Red Hook Town Hall 7 June and 14 June, 9:00 - 1:00 p.m. During Sessions All Summer!
Director:	Pam White, 914-466-0493

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GIRLS' BASKETBALL - II

Basketball instruction for girls who seriously wish to improve their skills Includes game competition!

Participants:	Grades 7-12
Site:	Red Hook High School Gym
Time:	Tuesday and Thursday July 1, 3, 8, 10, 15, 17, 22, 24 8:30 - 10:30 a.m.
Cost:	No Charge
Signups:	Red Hook Town Hall 7 June and 14 June, 9:00 - 1:00 p.m. During Sessions All Summer!
Directors:	Pam White, 914-466-0493

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GIRLS' BEGINNER FIELD HOCKEY

An instructional program of individual fundamentals, basic skills, and team concepts

Participants:	Girls entering grades 4, 5, 6, 7, 8
Site:	Red Hook High School Fields (Field Behind High School)
Time:	Thursdays –groups will be split by ability 10 July to 14 August, 5:30 – 6:30 p.m.
Cost:	No Charge
Equipment:	Mouth guard, Shin Guards, Field Hockey Stick (if available)
Signups:	Red Hook Town Hall 7 June and 14 June 9:00 - 1:00 p.m. During Sessions All Summer!
Director:	Diane Zduniak, 758-9195

GIRLS' FIELD HOCKEY

A program for individuals who have played the game of field hockey. This program will consist of advanced skills, team concepts, and scrimmages.

Participants:	Girls entering grades 8, 9, 10, 11, 12
Site:	Red Hook High School Fields (Field Behind High School)
Time:	Thurs., 10 July to 14 Aug., 6:45 – 8:00 p.m.
Cost:	No Charge
Equipment:	Mouth guard, Shin Guards, Field Hockey Stick
Signups:	Red Hook Town Hall 7 June and 14 June, 9:00 - 1:00 p.m. During Sessions All Summer!
Director:	Diane Zduniak, 758-9195

GIRLS' VOLLEYBALL

Receive a comprehensive volleyball education! Skills necessary to develop as a player will include: forearm pass, setting, serving, spiking, blocking, rules, and protocol of the game. Team and individual tactics and strategies will also be taught.

Participants:	Girls entering 5th grade through 12th grade
Site:	Linden Avenue Middle School Gym
Time:	Tuesdays, July 1, 8, 15, 22, 29 5:00-6:30 p.m. – Grades 4-8 6:30-8:00 p.m. – Grades 9-12
Cost:	No Charge
Signups:	Red Hook Town Hall 7 June and 14 June, 9:00 - 1:00 p.m. During Sessions All Summer!
Directors:	Kayla Fingar, 845-797-7550

SITE CHANGES MAY BE NECESSARY BECAUSE OF RHCS D CONSTRUCTION PROJECTS. SIGNS WILL BE POSTED.

SUMMER YOUTH FOOTBALL CAMP

This “No Contact” program focuses on football conditioning and agility. Provides basic instruction on positions, stances, throwing, running, and catching.

Participants:	Boys - Grades 5-8 Players placed in appropriate groups!
Site:	Red Hook High School Fields
Time:	Monday through Friday 28 July to 1 August, 8:00-11:00 a.m.
Cost:	No Charge
Signups:	Red Hook Town Hall 7 June and 14 June, 9:00 - 1:00 p.m. During Sessions All Week!
Director:	Quintin Johnson, 758-2241 Ext. 2149 Andrew Sheldon

RAIDER FOOTBALL CAMP

This “No Contact” program focuses on football conditioning and agility. Provides basic instruction on positions, stances, throwing, running, and catching.

Participants:	Boys - Grades 9-12 Players placed in appropriate groups!
Site:	Red Hook High School Fields
Time:	Monday through Friday 4 August to 8 August, 8:00-11:00 a.m.
Cost:	No Charge
Signups:	Red Hook Town Hall 7 June and 14 June, 9:00 - 1:00 p.m. During Sessions All Week!
Director:	Quintin Johnson, 758-2241, Ext. 2149 Andrew Sheldon

BOYS' SUMMER LACROSSE

Introduction to Lacrosse - background, history. Basic skills of passing, catching, scooping, and shooting

Participants:	Boys - Entering Grades 6, 7, 8, 9 <i>Please bring all your own equipment!</i>
Site:	Red Hook High School
Time:	Monday, Tuesday, Wednesday, Thursday 30 June to 3 July, 9:00-11:30 a.m. No Charge
Cost:	Lacrosse Stick, Helmet, Gloves, Arm Pads, Shoulder Pads, Mouth Guard
Equipment:	Athletic Supporter with Cup, Rib Pads, Goalies Chest Pad & Throat Guard if interested in goalie position Call director with questions.
Recommended:	Red Hook Town Hall 7 June and 14 June, 9:00 - 1:00 p.m. During Sessions All Summer!
Signups:	Red Hook Town Hall 7 June and 14 June, 9:00 - 1:00 p.m. During Sessions All Summer!
Director:	Richard Saulino, 914-474-6608

GIRLS' SUMMER LACROSSE

An instructional program of individual fundamentals, basic skills (cradling, catching, etc.) and team concepts.

Participants:	Girls Entering Grades 4, 5, 6, 7, 8, 9
Site:	Red Hook High School Fields
Time:	Tuesdays 8 July to 5 August 6:00 - 7:30 p.m.
Equipment:	Girls' Lacrosse Stick, Mouth guard Call Director with questions.
Cost:	No Charge
Signups:	Red Hook Town Hall 7 June and 14 June, 9:00 - 1:00 p.m. During Sessions All Summer!
Director:	Yvonne Turchetti, 914-466-3451



GIRLS' LACROSSE CAMP

An introduction to girls' lacrosse, consisting of instruction of individual fundamentals, basic skills (cradling, passing, catching, etc), and team concepts.

Participants:	Girls entering grades 4, 5, 6, 7, 8, 9
Sites:	Red Hook High School Fields
Time:	Monday, Tuesday, Wednesday 30 June to 2 July 9:00-11:30 a.m.
Cost:	No Charge
Equipment:	Girls' Lacrosse Stick, Mouth guard Call director with questions.
Signups:	Red Hook Town Hall 7 June and 14 June, 9:00 - 1:00 p.m.
Director:	Yvonne Turchetti, 914-466-3451

GIRLS' SOFTBALL

Games and instruction to provide experience & basic skill development

Participants:	Grades 3-6 Grades 7-12 (Ages 8-14)
Site:	Red Hook Recreation Park
Time:	Monday Nights 30 June to 28 July 6:00 - 8:00 p.m.
Cost:	No Charge
Signups:	Red Hook Town Hall 7 June and 14 June 9:00 - 1:00 p.m. During Sessions All Week!
Director:	Tom Gilbert, 757-2575

COED TEE BALL AND SOFTBALL

Team competition in tee ball and softball

Participants:	Girls and Boys Ages 4-14 Tuesday - Softball ~ Ages 8-14 Wednesday - Tee Ball ~ Ages 4-7
Site:	Red Hook Recreation Park
Time:	Tuesdays – 6:00 – 8:00 p.m. July 8, 15, 22, 29; August 5, 12 Wednesdays: 6:00 ~ 8:00 p.m. July 9, 16, 23; 30 August 6, 13
Cost:	Fee for shirt and hat only \$15.00 per player \$25.00 per family
Signups:	Mail Signup Form and Payment to: Stacie Totman 12 Grandmour Drive Red Hook, NY 12571 Make Checks Payable to: Town of Red Hook Tee Ball/Softball Signup Forms on redhook.org site Red Hook Town Hall 7 June and 14 June 9:00 - 1:00 p.m.
Director:	Stacie Totman, 845-758-8360 totmand2@gmail.com Red Hook Town Hall 7 June and 14 June 9:00 - 1:00 p.m.
Director:	Stacie Totman, 845-758-8360 totmand2@gmail.com