

**MINUTES**  
**SENIOR SERVICES COMMITTEE**

June 6, 2013

**ROLL CALL**

Present: Rose Rider, Acting Chair, Betty A'Brial, Betty Bader, Jeanne Duntz, Richard Franklin, Don Peterson, Ed Sandfort

Absent: Andy Kehr, Chairman, Nancy Finkle, Nick LaCourte

Also Present: Brenda Cagle, Town Board Liaison.

**CALL TO ORDER**

In the absence of Chairman Andy Kehr, Rose Rider called the meeting to order at 9:20 A.M.

**APPROVAL OF MINUTES, MAY 2, 2013 MEETING**

Rose asked if there were any changes or other modifications to the Minutes. Hearing none, Betty Bader made a motion to accept the Minutes as written. The motion was seconded by Dick and all were in favor.

**FOOD DRIVE**

Jeanne advised the Committee that the Seniors will not be having a meeting on June 11th. She said that her daughter-in-law would be able to open up the Firehouse for the Drive; however someone will have to be there during the Drive. Betty A'Brial and Brenda volunteered to be at the Firehouse at 1:00 P.M. and Rose will be there at 2:00 P.M. Dick can open the Firehouse at 6:00 P.M. and he, Sheila and Andy will be there for the evening hours. Rose said that she checked with Andy and he is going to call Community Action on Monday to make sure that the afternoon and evening donation pickups have been arranged.

Jeanne will leave flyers at the Village Hall. Betty A'Brial has had the flyer posted at Hannaford. Jeanne took care of Rhinebeck Savings and Betty A'Brial has gotten approval to have the Food Drive advertised on the Bayright sign at the south end of town. The posting will be shared with the announcement of another event. Dick said that he has the letters to put up on the Masons' sign, but will need help to do this job. Don volunteered to help him put up the letters after the meeting. Betty Bader will go to Griffs and leave the flyer there. She also offered to leave flyers at the Sunshine program. Dick said that he had a flyer posted at St. John's in Barrytown and Jeanne posted one at St. Christopher's.

Sheila said that she has done the PR for the event. She has sent out announcements to PANDA, the newspapers, the Observer and the Hudson River Sampler. The Observer was very supportive of the event and said that they will try to run the announcement in the next two editions of their paper. Betty A'Brial reported that she had the announcement put in the AARP Newsletter.

Andy is going to have a sign made to post on the Town's signboard. He has taken care of the school's virtual backpack and Superintendent Paul Finch will again be sending out a letter in support of the Drive. Dick will go to the radio station and see if they will make an announcement about the Drive. Brenda will send the announcement to the Red Hook Moms.

### **FOOD PANTRIES**

There was a discussion about the various food pantries in the area. The Holy Name Society at St. Christopher's has a program, as well as St. Vincent's, St. John's, Church of the Messiah and the Dutch Reformed Church. Sheila noted that not all of these programs are listed in the Senior Services Brochure and suggested that this information be updated in the Brochure and on the town website. It was agreed that information regarding each of the food pantries should be sent to Sheila for the purpose of updating the Brochure. She will compile the material and have it available for the next meeting.

### **TRANSPORTATION**

The Committee has not yet been advised as to whether or not the program has started. Brenda suggested that if it does not happen, perhaps the Committee could contact Bard. Previously, Bard had provided transportation to concerts using donated monies. The donor has been contacted and is considering making another donation.

### **RHINEBECK AT HOME**

Don reported that he went to the meeting at the Wallace Center. It was well attended; however the guest speaker had medical problems and was unable to be there. Nina Lynch did a presentation for Home Matters and Dr. Jodi Freedman of the Center for Healthy Aging also did a presentation.

The cost for joining the Rhinebeck group is \$125, while it is \$700 to join Hudson Valley Home Matters. Rose said that there have been donations to the Rhinebeck group which have underwritten some of their expenses. She said that the group is a good option for seniors who are reluctant to ask for help. When the organization is contacted, they recommend service providers. They conduct a review before making such recommendations to their members.

The main advantage of joining the group, Rose continued, is that they arrange transportation for shopping. Medical appointments are generally referred to Northern Dutchess Caregivers. They also offer visits for those who are alone and lonely as well as light housekeeping services. Rose said that she will call Nina and see how the program is going. Rhinebeck uses the Center for Healthy Aging and if Red Hook joined them, the same location would be available.

Betty A'Brial asked if Jodi and Nina could be invited to speak to the Committee at a meeting in the Fall. If it were in the evening, it might be opened to the community. Rose felt that by the Fall Nina would have a better idea of how the program is going.

Don Peterson submitted a report on the potential costs of a Red Hook at Home program. His report is attached to these Minutes. He added that legal representation would be needed in order for Red Hook to start such a program. In regard to the required paperwork, he said that there may be software which would be helpful.

Brenda asked if it wouldn't be possible for Red Hook to just join the Rhinebeck organization. Rose responded that it could not work that way. Rhinebeck has had teas and luncheons to raise money for their program and they have invested time and effort in order to enlist volunteers to serve the organization. They started with an initial donation of \$100 from each of the twelve initial organizers.

Don asked if we really know whether there is a need. Betty A'Brial said that Rhinebeck sent out a form to get information about the needs of their community. Rose concluded that the Committee needs more information.

#### **NEXT MEETING**

The Committee agreed that it prefers not to meet in July or August. Sheila will contact Andy in regard to the next meeting and will send out an e-mail with the next meeting date.

#### **ADJOURNMENT**

Ed made a motion to adjourn the meeting. The motion was seconded by Don and all were in favor. The meeting was adjourned at 10:25 A.M.

Minutes submitted by:  
Sheila Franklin, Secretary  
Sr. Services Committee

Attended "Aging in Place Public Forum" at the Wallace Center, FDR's home in Hyde Park on May 21.

Well attended, lots of interest in aging at home.

Presentations by:

Nina Lynch, President of Rhinebeck @ Home which covers the town of Rhinebeck,

The president of Home Matters which covers the greater Poughkeepsie area, Hyde Park, LaGrange, Wappinger Falls and Pleasant Valley,

Dr. Jodi Friedman, Medical Director of the Center for Healthy Aging at Northern Dutchess

Hospital. The Center for Healthy Aging provides inpatient, outpatient and transitional care for aging adults, 65 years old and older and their families.

Potential costs to establish Red Hook @ Home:

Application to obtain 501 c (3) non-profit status — form 1023 - \$850 filing fee

Incorporation to get an Employer Identification Number (EIN) — \$75 filing fee

Board of directors with officers

Articles of organization

Bylaws

Membership in Village-to-Village - \$350/year

Post office box to establish address —\$100 to \$500/year

Phone - \$40 - \$70/month

Web site

Brochures