

MINUTES
SENIOR SERVICES COMMITTEE
March 7, 2015

ROLL CALL

Present: Andy Kehr, Chairman, Betty A'Brial, Nancy Finkle, Richard Franklin, Don Peterson, Marge Roberts, Rose Rider
Also Present: Brenda Cagle, Town Liaison
Absent: Betty Bader, Jeanne Duntz, Ed Sandfort

CALL TO ORDER

Chairman Andy Kehr called the meeting to order at 10:15 A.M.

APPROVAL OF MINUTES, JANUARY 3, 2015 MEETING

Andy asked if there were any changes or modifications to the Minutes. Hearing none, Dick made a motion to accept the Minutes as written. The motion was seconded by Marge and all were in favor.

Andy announced that the Staff and Volunteer Recognition Day would be March 25th at 6:30 P.M. Everyone planning to attend should respond to Linda Stoddard by March 20th.

SCHEDULE OF COMMITTEE MEETINGS

Andy said that his schedule has changed and he will be off on Wednesdays. The Committee agreed to change the meeting day to the fourth Wednesday of the month at 9:00 AM. The following will therefore be the schedule for the next eight meetings:

April 22, 2015	July 22, 2015	September 30, 2015
May 27, 2015	August 26, 2015	October 7, 2015
June 24, 2015	September 2, 2015	

SENIOR EXPO

Andy said that the paperwork for use of the High School has been handed in. He is 90% sure that the arrangement will be worked out; however he is waiting to finalize the date with the Athletic Department.

Marge said that Rhinebeck is holding an Expo at the Hospital, but it is only for Rhinebeck residents. She felt that the needs of the community should be assessed. Rose said that the Committee really knows a lot about local concerns. Andy agreed, saying that all the members are also members of other organizations which are familiar with community issues. He said that he expected the vendors to be distributing information which would answer many questions. Rose agreed, saying that the vendors will be providing information about the services which they provide. In addition, he thought that there might be a suggestion box where people could express their concerns.

Rose asked if the Committee has a logo. Secretary Sheila Franklin said that there was a logo and she will e-mail it to all the members.

Andy said that he wanted the Committee to discuss the three panels at this meeting and agree on the topics. He noted that janitorial services will probably be provided by the High School. After discussion, the following topics were identified:

1. Aging in Place.
The Friends of Seniors could participate in the panel.
2. Navigating the Healthcare System.
The panel could include Hospice and representatives from inpatient and outpatient services.
3. Senior Safety.
This topic could include neighbor checking on neighbor, hearing and sight issues, scams. Participating organizations could include Northern Dutchess Paramedics, Dutchess County Sheriff's Office, representative from Are You OK program, Red Hook Fire Department, gerontologist. Issues covered could include balance problems, senior abuse (psychological as well as physical),
4. Alternate Healthcare Approaches
This could cover nutrition, senior wellness.
5. Financial Security: Estate and Healthcare Planning
Living wills, reverse mortgages, financial security for seniors.
6. Senior Leisure Activities

Sheila suggested that vendor tables could focus on a single topic. Andy felt that this would be helpful.

Andy said that there could be six panels being held at the same time or there could be two panels which would be repeated. People could arrive at 9:00 A.M. Welcoming remarks could be made at 10:00 A.M. Sue Crane should speak and, perhaps, Marc Molinaro as well. At about 10:15, after the opening remarks, the Expo could open. People must be given enough time to walk around and see the vendors. He suggested that there be three panels. More than that would not leave people enough time to get to the vendors. On the other hand, with more panels people have more choice. After discussion it was decided that there would be three panels and the topics would be:

Navigating the Healthcare System
Senior Safety
Financial Security: Estate and Healthcare Planning

The committee felt that the other three topics, viz. Senior Leisure Activities, Aging in Place and Alternative Healthcare Approaches could be covered by the vendors.

It was decided to hold a meeting on March 25th to discuss vendors and organizations to be contacted. Andy felt that it was important to identify the vendors before summer vacations make it difficult to contact people.

NEXT MEETING

The next meeting will be held on Wednesday, Mar. 25, 2015 at 9:00 A.M. at the Town Hall.

ADJOURNMENT

Rose made a motion to adjourn the meeting. The motion was seconded by Don and all were in favor. The meeting was adjourned at 11:55 A.M.

Minutes submitted by:
Sheila Franklin, Secretary
Sr. Services Committee