

MINUTES
SENIOR SERVICES COMMITTEE

March 25, 2015

ROLL CALL

Present: Andy Kehr, Chairman, Betty A'Brial, Jeanne Duntz. Nancy Finkle, Don Peterson, Marge Roberts, Rose Rider

Also Present: Brenda Cagle, Town Liaison

Absent: Betty Bader, Richard Franklin, Ed Sandfort

CALL TO ORDER

Chairman Andy Kehr called the meeting to order at 10: 07 A.M.

APPROVAL OF MINUTES, MARCH 7, 2015 MEETING

Andy asked if there were any changes or modifications to the Minutes. Hearing none, Don made a motion to accept the Minutes as written. The motion was seconded by Nancy and all were in favor.

Andy said that the Committee will continue to meet on the fourth Wednesday of the month. He stressed that a good turnout for the meetings is essential.

SENIOR EXPO

It was decided to keep the Sept. 2nd date. Andy said that he has sent out a memo in regard to finalizing the date for the event. Schedules cannot be printed until the date is set. He asked the Committee to decide on who to contact and be ready with vendor information in May. This information will be disseminated to the appropriate committees.

PANELS

The panel on navigating the healthcare system could include official navigators, Nina Lynch, representatives from the Office for the Aging, EPIC, AARP, MVP, Blue Cross/Blue Shield, United Health Care, CDPHP, Aetna, Medicare/Medicaid, et. al.

The panel on senior safety and health could include Jean Curley of AAEP re balance and fall prevention, an optometrist on eye health, dietician Pat Brown, Joe Ryan of Be Fit at Home and representatives from the local Police Department, Northern Dutchess Paramedics, the Aging Center, the Geriatric Center and food pantries. Andy will contact NDH.

The Office for the Aging could be contacted in regard to the panel on financial security and estate planning to see what they might be doing. It was suggested that someone involved in elder planning be included, perhaps Michael Haggerty or Adaline Maloney. Others who might be included are representatives from the Red Hook Chamber of Commerce, local banks and real estate offices. Topics to be covered could include health care proxies, reverse mortgages, trusts and planning strategies.

VENDORS

A list of vendors must be developed as well as a plan for table distribution. The following might be contacted: NDH Caregivers, Body Be Well in Red Hook, IXL, Bard Gym, LLI, the Lighthouse, Friends of Seniors and various libraries. The Newsletter should be used to help identify further possibilities.

Vendors for leisure activities could include representatives from the Golden Age Singers, HV Chamber Music, the Center for Performing Arts, Office for the Aging, adult day programs, Alzheimer Support Group, Caregivers, Parkinson Support Group, Hospice, Medical Loan Closet, NDH Center for Aging, Red Hook Rotary, Interact Club, Elmendorf spinning and weaving group, Red Hook Continuing Education, Bard and the Red Hook Recreation Committee.

Vendors for services could include the food pantries, churches, Community Action, equipment supplies companies, home health aids (perhaps someone from Nekos) and organizations dealing with clinical prostheses.

Vendors for health and personal emergency response systems might include HV Home Care, Life Line Systems, Royalty Care, home health agencies and the NDH home evaluation program. Other contacts could include representatives from assisted living facilities, adult day care programs, the Lutheran Care Center, the Rhinebeck Friendship Center and Meals on Wheels.

Leisure group contacts could include the local woodcarvers, Red Hook Seniors and the Red Hook Community Center.

EVENT ORGANIZATION

Rose will send a letter to Hannaford re donating lunch items. Dunkin Donuts will be contacted re breakfast. A question was raised as to whether the school's coffee pots could be used. Or perhaps coffee pots could be borrowed from the churches.

The budget for the event is \$1000. Stewarts and the bagel store could be contacted re donating supplies such as cups, etc. At the previous Expo, vendors were in the cafeteria. This time the Committee will have use of the cafeteria and the gym.

Andy asked the members of the Committee to think of more vendors. He said that at the next meeting a template of the brochure will be needed as well as a prototype for letters to the vendors.

NEXT MEETING

The next meeting will be held on Wednesday, Apr. 22, 2015 at 9:00 A.M. at the Town Hall.

ADJOURNMENT

The meeting was adjourned at 11:50 A.M.

Minutes written from notes by:

Marge Roberts

Transcribed by:

Sheila Franklin, Secretary

Sr. Services Committee